



BB Centrum

The „Secrets of Glass“ in the ALPHA Building Lobby

WHEN: October 1-14 (daily 10:00 am - 7:00 pm)

WHERE: ALPHA Building (*Vyskočilova 1461/2a, Prague 4*)

Come check out a unique exhibition of modern art glass in the lobby of BB Centrum's ALPHA Building. In addition, on Thursday, October 11 at 6:00 pm, you can join a guided tour by selected artists.

BB Centrum

Join PUMA For a Midday Run Around BB Centrum

WHEN: every Wednesday 12:00 - 1:00 pm

WHERE: meetup at 11:50 am at the BETA Building reception

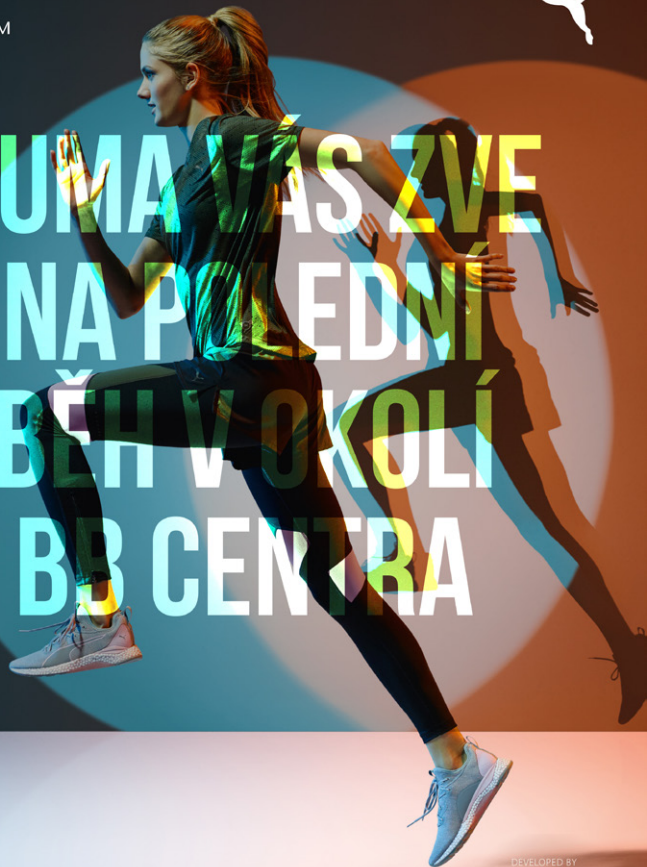
(Vyskočilova 1481/4, Praha 4)

Come run for free during your lunch break under the guidance of running blogger and enthusiastic runner Soňa Kotulková of Running2.cz. The running lessons include fitness training, skills training, and help with proper running technique. In addition, you can win a variety of prizes from PUMA in individual competitions.

And for loyal run participants, Puma will reward you with a voucher for running shoes. Earn a voucher for **every 10 runs** you participate in.



PUMA HAS ZVE
NA POLEDNÍ
BĚH V OKOLÍ
BB CENTRA



DEVELOPED BY
PASSERINVEST
GROUP

MÁŘA NA CESTÁCH

NOVÝM ZÉLANDEM

PĚŠKY 3000 KM

TeARAROA trail
Cestovatelská projekce

BB Centrum

Travel Night: 3,000 Kilometers Across New Zealand On Foot

WHEN: Wednesday, October 24, 5:30-7:30 pm

WHERE: KOBE Restaurant on Brumlovka Square

(Vyskočilova 1481/4, Praha 4)

You can travel around the world without ever leaving BB Centrum or even the Czech Republic. The first Travel Night will take place in October. The theme will be „3000 Kilometers Across New Zealand On Foot“. Traveler **Martin Mařík** will be your host for the evening.

You can look forward to an engaging narrative that takes you through New Zealand from south to north. With the traveler, you'll conquer long valleys and mountain ranges, wade across rivers, encounter a couple of tropical cyclones, one small tornado - all over a distance of more than 3,000 kilometers, on foot for 131 days.



BB CENTRUM

BB Centrum

Public cafeterias at BB Centrum – daily lunch specials from CZK 70



PERFECT CANTEEN – Building B

Vyskočilova 1422/1a, Prague 4

MO – THU 7:30 a.m. to 5:30 p.m.

FRI 7:30 a.m. to 4:00 p.m.



GTH – BETA Building

Vyskočilova 1481/4, Prague 4

MO – FRI 8:00 a.m. to 3:00 p.m.



OFFICE FOOD – FILADELFIE Building

Želetavská 1525/1, Prague 4

MO – THU 7:30 a.m. to 4:00 p.m.

FRI 7:30 a.m. to 3:30 p.m.

Entrance only with a card issued at the building reception



MOMENTO ALPHA – ALPHA Building

Vyskočilova 1461/2a, Prague 4

MO – FRI 7:30 a.m. to 4:00 p.m.

Entrance only with a card issued at the building reception or in the canteen



MOMENTO DELTA – DELTA Building

Za Brumlovkou 1559/5, Prague 4

MO – THU 7:30 a.m. to 5:00 p.m.

FRI 7:30 a.m. to 4:00 p.m.



COLOR KIDS
CHILDISH QUALITY SINCE 1997



COLOR KIDS

BRUMLOVKA Building

NIVOSPORT: **Get Your Kids Ready For** **Winter with the New** **Color Kids Collection**

The summer break is over and it's time to get kids ready for the cold days ahead. The winter collection of popular functional and ski clothing for children and juniors is now available in Nivosport in the shopping arcade of the Brumlovka Building. **COLOR KIDS** products are bright, colorful, and some of the highest quality clothing on the market.

The materials and functional elements are adapted for different activities and different ages. So you can easily choose the perfect outfit for all kinds of winter fun, skiing activities, or a trip to the city. At Nivosport, you'll find popular one-piece snowsuits, ski jackets and pants, gloves, functional underwear, second layers, gloves, hats, and socks. Everything in sizes 74-176 cm.

NIVOSPORT

FILADELFIE Building

Autumn Skin Treatments at Studio Radka Chvalová

For October, the Studio has prepared a seasonal oxygenating treatment with aromas of vanilla and passion fruit. Swathe yourself in sensual fragrances and pamper your skin. With autumn comes the innovative line from **SECRET de SOTHYS**, which was introduced with the first edition of Vogue.

This unique formula of youth and beauty is suitable for all skin types and also offers several new creams. In the Studio's range of services, you'll also find full-body depilation, which have become very popular lately for both women and men.

**Radka
Chvalova**
Beauty
Studio

**Radka
Chvalova**
Beauty
Studio



 **SOTHYS**
PARIS

Vybarvená sezóna



BETA Building

UGO Shows Its TRUE COLORS!

The new seasonal menu at UGO is awash in autumn colors and is full of healthy goodness. Enjoy fresh fruit and vegetable drinks, an important part of a colorful autumn. Try these great combinations:

- pear, cranberry, banana, and honey
- pumpkin, pear, apple, and cinnamon
- spinach, kale, pineapple, mint, and apple
- beets, pineapple, orange, and apple

Also worth trying out is their new autumn wrap with soft goat cheese and an interesting combination of pears and cranberries.



Residence BB Centrum

UROSANTÉ: Announcing Cooperation with DENT MEDICO

This cooperation with the private dental clinic will give Urosanté clients preference when making appointments and above-standard approach to planned dental treatments.

To make an appointment, please contact the DENT MEDICO reception by email at recepce@dentmedico.cz. You can also make an appointment by sending an SMS or by phone at +420 225 990 990.

For more information, see the clinic's website at www.dentmedico.cz.



UROSANTÉ



DENT MEDICO
STOMATOLOGIE

FLAT WHITE FAMILY

SILNÁ, AVŠAK KRÉMOVĚ JEMNÁ KÁVA
BOHATÉ CHUTI



COSTA

BETA Building

Indian Summer at Costa Coffee

Autumn and coffee are an inseparable pair. Whether the weather permits you to drink coffee outdoors or at home, coffee is always a perfect companion. It gives you a great start to your morning, helps dispel that afternoon slump, or even warms you up in the evening.

To make your experience perfect, add a sweet treat such as Linzer torte with wild blueberries, mini donuts, or enjoy quality coffee from the Flat White "family" trio at Costa Coffee.

