



BB Centrum - Brumlovka

You can buy all your Christmas presents for friends and family at Brumlovka

Did you know that Brumlovka offers a range of shops and services to match any shopping center? You can buy all your gifts for your loved ones conveniently, avoiding the queues and crowds, just down the road from your office.

Gifts for HER

Every woman is sure to love a nice piece of jewellery. **JK Jitka Kudláčková** jewellers offers a limited Christmas edition of angel-shaped diamond pendants. Not only are you giving love, you're also asking for her to be protected. What woman would say no to quality care – give her a beauty voucher for the **Bomton** hairstylists or the **Beauty Studia Radky Chválové**. Professionals will take care of her hair, nails and skin and treat her to a few moments of perfect relaxation. You can get a nice little decoration at the **Květiny Romantika** stand, and if you're not sure about her tastes, you can't go wrong with a **drogerie dm** gift card, which offers plenty of choice for the lady who receives it.



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Gifts for HIM

Gentlemen are sure to appreciate the quality fashion from **Anthony's** boutique. You can give a voucher for a well-fitting shirt, or choose one yourself and if it doesn't fit, they'll exchange it for you after Christmas. Treat your gentleman to luxury hair and beard care at **Adam's Barbershop**, and let him give his ride a shine at **Automyčka Collection**.

Another original gift is a voucher for the **We Hate Ironing**, laundry, which will mostly save the ladies some time. Nothing beats always having perfectly clean and ironed shirts. If men's health is important to you, the **Urosanté** urology clinic offers vouchers for its services or a witty educational book entitled *Genitál pro muže kapitál* (CZE), by doctors Lukeš and Novotný.


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Gifts for GOURMETS

Brumlovka has a wide range of restaurants, where you can give your loved ones a voucher for experiential gastronomy. One Instagram hit is the newly opened **Dian Vietnamese restaurant**. Another popular gift is a voucher to the **Grosseto**, as a gastronomic trip to sample Mediterranean cuisine. You can also have a gift basket prepared with wine and delicacies at **Bianco Rosso** or **Sommellerie**, or you might prefer healthy nutrition from **Maranatha**.

Delight coffee lovers with a gift certificate or package of selected beans from the roasters at **Costa Coffee**, **Coffee Perk** or **Tlap's Coffee**. Wine buffs are sure to enjoy the **ASKO** home winery, with up to 190 bottles and a special area for preparing the wine and the glass before serving. And if you'd like to give someone something smaller, or fancy treating yourself, we recommend a delicious Christmas cake from the **Zrno Zrnko** craft bakery.



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Gifts for sport, relaxation & fun

You can't go wrong with gifts for sports and relaxation. For example, you can treat your loved ones to energy and health, with membership at the exclusive **Balance Clubu Brumlovka** fitness and wellness center, where they can enjoy some sport and then relax. One new way of getting fit is to exercise at **Body Express**, where just 20 minutes a week can provide the body with enough training to be strong, active and burn off unwanted fat.

Vouchers for any amount are available for the **Roseta**, comprehensive care center, where one can choose exactly the massage or therapy that is most needed. For fun and games in the world of virtual reality, try the **Avatar VR Park**. This, the largest facility of its kind with a unique range of games and activities, will be opening in Brumlovka at the beginning of December. However, there are other treats to put under the tree than just a voucher. Get some hugely popular Cobra Ultra Swipe goggles from the **arena** brand store and a new bike for the kids without having to wait ages for it to be delivered, from **bikero**. It has all its bikes in stock, after all.



albert

POTRAVINOVÁ SBÍRKA

4.-5. 12.



Filadelfie building

Albert foodbank

Advent is a magical time, during which we think of our loved ones. But we think about helping others, too, the needy, such as single mothers, youngsters in children's homes, and the elderly, and we help out towards what they can't afford.

On December 4 and 5, the Albert supermarket and hypermarket chain is organizing a food collection, in which we can each contribute by buying something and then leaving it at the designated place by the cash register after paying.

Long-life foods such as canned food, soups, rice, legumes, baby food, pasta and cooking oil will help the most. Basic drugstore items and those for children are also suitable. After being purchased, selected foodstuffs are taken to a foodbank, from where the products are sent to the most at-risk groups.

Thank you for thinking of others.

albert

Alpha building

Art gallery: From Pylon to Poppy

WHEN: ongoing till December 22, daily from 10:00 am to 6:00 pm

WHERE: Alpha building lobby, Vyskočilova 1461/2a

Come and check out the pictures by artist and architect Jan Špaček. These art pieces, created using special technology, express his fascination with high-voltage pylons, wires and circuit breakers, and also nature. They are inspired by more technical as well as natural shapes. Free admission.

The exhibition is held in accordance with the current pandemic measures, which **can be found HERE**.



BBCENTRUM





ONLINE WEBCAST

TRAVELER'S EVENING

Audio-visual recording and photography will be taken by the organizer of the event,
Passerinvest Group, a.s.



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English version of all BB Centrum activities are to be found also at

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BB Centrum - Brumlovka

Traveler's Evening: Argentina – from Tierra del Fuego to the Wild North

WHEN: Wednesday, December 8, from 5:30 pm

WHERE: online on Brumlovka FB profile

Traveler Karel Štěpánek is an expert on Argentina. He has hitch-hiked all over this beautiful country, spent six months living there, and also married an Argentine woman. Here's the chance to find out plenty of interesting information about the life of the Argentines that you won't find in the guidebooks This country, teetering on the brink of endless celebrations and financial bankruptcy, is unique! We'll take a look from Tierra del Fuego to magical Patagonia, and then travel through Buenos Aires to the Iguazu Falls, then on to the colourful north of Argentina, as far as the border with Bolivia. You're sure to enjoy hearing about the cultural differences between Argentina and the Czech Republic.

Due to the current pandemic measures, we have decided to hold the Traveler's Evening online.



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BB Centrum - Brumlovka



Online Webcast: Brumlovka Talks

WHEN: Wednesday, December 15, from 6:00 pm

WHERE: online on Brumlovka FB profile

Brumlovka Talks is our talk show, where we invite personalities, whom we feel have something to say and whose work or personal life is somehow associated with Brumlovka.

This month: Dan Broulík, Avatar VR Park

Now the owner of a virtual reality marketing agency, he started his marketing journey at T-Mobile, where he worked for 8 years. He headed the content team, which was responsible for all of the company's content and entertainment services. He was then appointed marketing director and later CEO at Gods, s.r.o. Since then, his portfolio has included several TV shows and many mobile applications. In 2016 he founded his own agency, which became a pioneer in the development of VR applications and their use in marketing. At the same time, he opened the first virtual reality gaming center in Prague, whose largest branch will be opening at Brumlovka in December. He has been into entertainment, games, and sports all his life. No surprise, with two sons. Besides his children and partner, he loves motorbikes, technical gadgets, reading books, and active recreation.



ALL
WEBCASTS
CAN BE
RE-PLAYED ON
BB CENTRUM
FB PAGE

ON (CH)AIR

HOVORY
Z BRUMLOVKY

ONLINE WEBCAST

BRUMLOVKA TALKS



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CHRISTMAS WORKSHOP: ADVENT CANDLESTICK

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Christmas workshop: Advent candlestick

WHEN: Tuesday, December 21, from 5:30 pm

WHERE: Sommellerie, Filadelfie building, Želetavská 1525/1

PRICE: CZK 620/person **CAPACITY:** 5 – 10 people

Just before Christmas, a second Christmas workshop will be held, this time focusing on making a Christmas candlestick. We'll help you make it and give you hints and tips on how to decorate the candlestick. The price of the course includes candles, a candlestick stand, greenery (pine needles, moss, eucalyptus, etc.), ornaments, floristry material and the hire of the necessary tools. You can take the candlestick you have made home with you or you can give it to your loved ones as a present.

The course is also suitable for beginners. Payment for the workshop on the spot in cash. Reservations by e-mail: marika.duchonova@passerinvest.cz

Květiny Romantika offers courses for individuals and groups as a part of company teambuilding. Over the course of the year in accordance with the current season, they offer, in addition to flower binding, workshops focused on the production of wreaths, Christmas and Easter decorations, flower boxes, and flower jewellery.

The workshop will be held in accordance with the current pandemic measures, which **can be found HERE**.



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Sports activities at Brumlovka

Get some exercise before tucking into that potato salad and heaps of sweets. We also offer regular sports activities in December, such as running sessions and yoga classes. However, over the Christmas holidays, we will be taking a short break and meeting again in the second week of January. Stick to your New Year's resolutions or continue pursuing your long-term sports goals.

RUNNING LESSONS WITH PUMA

WHEN: every Tuesday from 5:30 pm

WHERE: meeting at 5:20 pm at the reception of the Beta building,
Vyskočilova 1481/4

Running lessons are led in two groups for beginners and already experienced runners by instructors and bloggers from running2.cz Soňa Hrabec Kotulová and Michal Hrabec. The last lesson of the year: December 21.

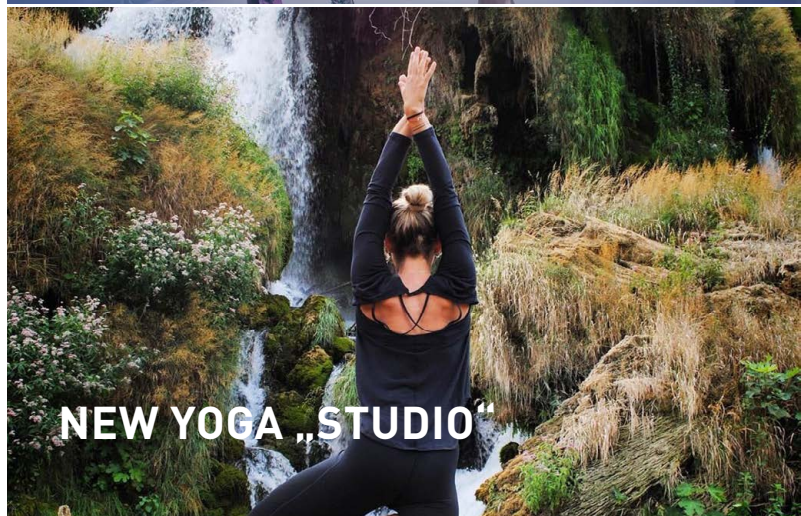
YOGA FOR EVERYONE

WHEN: every Thursday from 7:00 am

WHERE: Filadelfie building, floor 8, Želetavská 1525/1, meeting at the
Filadelfie reception

A classic yoga lesson for beginners and advanced students of all ages with Daniela Bacíková. Own exercise mat required. The last lesson of the year: December 23.

No reservation required. You can find up-to-date information on the BB Centrum Brumlovka FB profile. The lessons will be held in accordance with the current pandemic measures, which can be found [HERE](#).





We are very sorry to announce that the Christmas program is canceled due to the current pandemic measures. Stay safe.

CHRISTMAS FESTIVITIES

AT BRUMLOVKA

December 2 and 9, Náměstí Brumlovka

VANOČNÍ KONCERT

AT BRUMLOVKA

December 16, Bethany Community Center

Budova G building

AVATAR VR PARK, the largest virtual reality game complex, is opening at Brumlovka

At the beginning of December, the largest virtual reality complex in the Czech Republic will be opening in Budova G building. Avatar VR Park is a state-of-the-art facility offering the thrills of virtual reality through unique action, sports, balance and educational games. Plenty of fun for individuals as well as multiplayer. This makes it the ideal gift for children, friends or as a teambuilding session for competitive colleagues. Avatar VR Park will also be open in the evenings and at weekends, so fun is guaranteed here even after work.

You can already order your virtual reality gift vouchers avatarpark.cz

And if you would like to learn more about the VR dimension, we recommend watching the new episode of the Brumlovka Talks (CZE). Where we will interview Dan Broulík, the owner of Avatar VR Park.

AVATAR VR PARK





Brumlovka building

Balance Club Brumlovka invites you to a St. Nicholas skating afternoon

WHEN: Saturday, December 11, from 3:00 pm

WHERE: Škoda Icerink, Přetlucká 3422/23, Praha 10

Balance Club Brumlovka is organising a fun St. Nicholas afternoon on the ice for its members and their kids. Bring your children along on Saturday, December 11, from 3:00 pm to enjoy skating and a gifts at the ŠKODA Ice rink. Free skating with a children's disco, skill games supervised by skating instructors as well as rewards from St. Nicholas. FREE admission for members of Balance Club Brumlovka and their children. Please book your places in advance at eva.koterova@balanceclub.cz

Employees of companies with offices at Brumlovka and the BB Centrum Klub (Benefit Klub Brumlovka) Members are offered a membership at Balance Club Brumlovka for a discount. For more information contact the Client Centre at +420 234 749 811 or info@balanceclub.cz

balance
club
BRUMLOVKA

Filadelfie building

BODY EXPRESS: Get in great shape with new programs

EMS exercise is the fastest way to get fit, burn off excess fat and ease back pain. Body Express now offers these new cut-price packages to its existing range of programs:

- **EXPRESS relax** (3x comprehensive electro-massage) CZK 1 990
- **HEALTHY Back** (7 individually designed sessions) CZK 4 440
- **RESTART fitness** (15 training sessions to get back in shape) CZK 8 880

Safe and fast. There is a maximum of 2 clients in the studio at any one time and they maintain a distance of 2 metres. Every client has their own changing room for their personal effects and receives special single-use sportswear. All equipment is regularly disinfected/washed several times a day. The instructor wears a respirator.

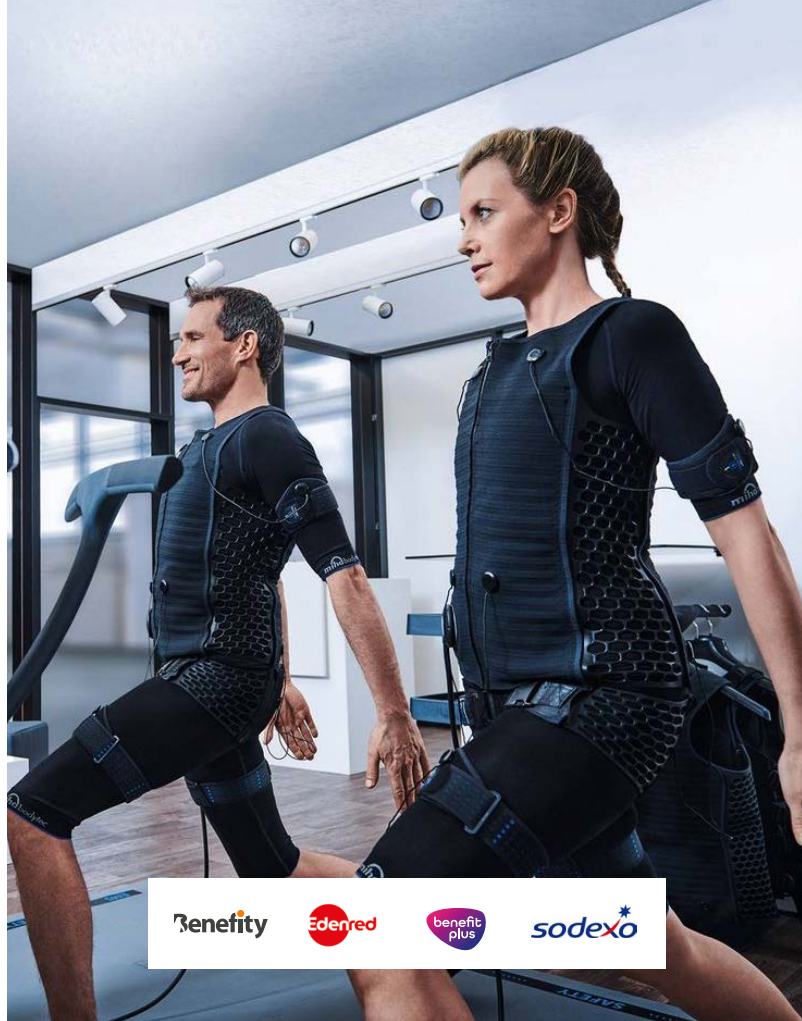
You can make a reservation at the studio in person or at bodyexpress.cz using the **reservation form** [HERE](#).

- Monday – Friday 8:00 am – 6:00 pm
- E-mail: bbcentrum@bodyexpress.cz, Phone: 774 431 083

BOX: COVID – guarantee. The program automatically extended if:

- the studio is forced to close
- you are in quarantine
- you fall ill with Covid

BODY EXPRESS



Benefity

Edenred

benefit
plus

sodexo



Brumlovka building

OK POINT: Don't put off getting a mortgage, as interest rates are rocketing up

Recently, inflation has been rising sharply in the Czech Republic, soaring to 5.8 % year on year in October. This is what has been driving the increase in the price of goods and services, including mortgages. The Czech National Bank is trying to curb it by raising the basic interest rate, which it increased in November the most since 1997. The CNB rate is also the basis for mortgage interest rates, which are thus skyrocketing. Loans, and thus the monthly installments on loans, are becoming more and more expensive for clients. If you're planning to purchase new housing in the foreseeable future, you shouldn't wait another day in submitting your mortgage application. Otherwise, given the rapid increase in rates, there is the risk that you will unnecessarily pay many extra thousands of crowns for your new house.

The experts at OK POINT Brumlovka will be happy to help you arrange your mortgage with the most advantageous terms, stress-free. You can call 242 486 328 to arrange an individual meeting with them on-line or in person, while complying with all the hygiene rules. OK POINT is open at the following times:

- Monday 8:30 am – 6:00 pm
- Tuesday, Thursday 9:00 am – 5:00 pm
- Wednesday 8:30 am – 5:00 pm
- Friday 9:00 am – 3:00 pm

Beta building

ASKO presents its drying cabinet

The heat pump cabinet from the luxurious Scandinavian brand ASKO gently dries as much delicate laundry as you can fit on a 16m line. It can dry the most delicate fabrics, such as silk, velvet and satin. And owing to its low-temperature air drying, it reliably dries even soaked shoes or thin gloves without damaging the material. It's a great way to look after the whole family's clothes, even after strenuous sport in winter and in summer, while keeping the house clean and tidy.

On display in the ASKO designer showroom in the Beta building. Price on request.



Filadelfie building

We Hate Ironing: Make life simpler and save lots of time and hassle

Something soft and fluffy always goes down well under the tree. Whether it's a sweater, a shirt or a pair of socks, who has to keep washing them all the time? The We Hate Ironing online dry cleaner's will take care of everything, washing your laundry and delivering it clean and fragrant to your door, meaning you can take things nice and easy all year long.

The beauty of this service is that you simply book the dry cleaner's online, throw your laundry in a bag and the next day you'll have a courier at the door with your clothes, washed and beautifully ironed.



Filadelfie building

COSMEDIX available at the Radka Chvalova Beauty Studio

Discover COSMEDIX, a natural cosmetic developed based on the revolutionary medicinal chiral mechanism and cosmeceutical research, using nature's most powerful ingredients in the highest concentrations that will not irritate your skin. The range includes products for all skin types as well as those designed for its current condition.

Do you need to moisture or do you want to get rid of fine wrinkles? These gift sets contain exactly what your skin needs. Available exclusively from Radka Chvalova Beauty Studio.

**Radka
Chvalova**
Beauty
Studio





Brumlovka building

Order your Christmas sweets from Coffee Perk

You can now order your Christmas sweets from the Coffee Perk café, baked there with love. Treat yourself to one of its new coffees, prepared in a cup in the café or in a bag to take home. Stop by to take a break from the hustle and bustle around you.



BB Centrum - Brumlovka

A change in the timetable for the shuttle buses over the holidays

The BB1 shuttle service between the Budějovická - Brumlovka - Delta stops will be out of operation during the upcoming holidays. You can use the shuttle service at the BB Centrum until Friday, December 17, 2021, according to the current timetable. The service will be restored on Monday, January 3, 2022. The BB2 line is temporarily out of operation.





We wish you a Merry Christmas
and a Happy New Year

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**“Taste and see that the Lord is good;
blessed is the one who takes refuge in him.”**

(The Bible, Psalm 34:9)