



We have responded to the anticipated increase in passenger traffic on public transport on the Budějovická – Brumlovka route by increasing the freguency of the BB1 shuttle bus (Budějovická – Brumlovka – Delta). Two electric buses will supplement the regular city transport lines which will also be returning to their standard operating mode. You can get to work in comfort and without any long waits or overcrowding.

We will monitor the situation and, if these buses become overloaded, we will also open the BB2 line on the Budějovická - Filadelfie -Brumlovka route. Follow the current information at bbcentrum.cz or on the Brumlovka FB profile.

**BB1 LINE TEMPORARY SCHEDULE** 





## Dance lesson at Brumlovka

WHEN: Thursday, September 2, from 7:00 pm, dance floor from 8:00 pm
WHERE: Brumlovka Square. Vyskočilova 1100/2

The last open-air dance evening of the year will be held on September 2. What will we be dancing? The energetic jive, whose choreography combines elements of rock n roll, swing, boogie woogie, and other styles.

The dance teacher is Lenka Nora Návorková, a multiple-time Czech champion in Latin American dance, the winner of StarDance 2018, and a participant in another series of this popular television competition.

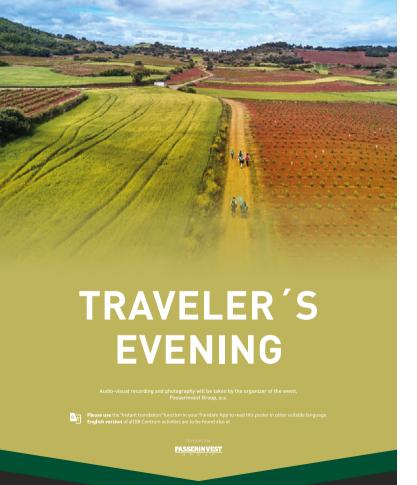
The dance floor will once again be open to the public after the completion of the dance lesson. The music will be provided by the DJ Honza Mikuleckú.

No reservation is required. The dance lessons at Brumlovka will not be held in the event of rain. You can find up-to-date information on the **Brumlovka FB profile**.

Have you been enjoying our regular dance evenings? They won't end along with the summer season! From October, we will move into the warmth of the Filadelfie shopping center.









## A traveler's evening: Santiago de Compostela

WHEN: Wednesday, September 8, from 5:30 pm WHERE: Sommellerie, Filadelfie building, Želetavská 1525/1

The original religious pilgrimage to Santiago de Compostela to see the remains of Saint Joseph, by means of which the faithful expressed their devoutness and repentance, has a completely different character today. Pilgrims have other reasons to make the journey. No matter whether it involves hiking, the constantly changing natural scenery, or getting to know oneself, the pilgrimage to Santiago has become so popular that it has been included in the UNESCO register of world heritage sites.

Our guide will be the experienced pilgrim Petr Hirsch, who has undertaken the journey to the famed Santiago de Compostela twice.

The traveler's evenings are held in cooperation with the Sommellerie wine bar.



RR Centrum

# Neighborhood get-together

WHEN: Wednesday, September 15, from 5:00 pm

WHERE: Baar Park, Želetavská 1525/1

Please accept our invitation to the first neighborhood get-together for all those who live at Brumlovka. Let's come together to get to know one another and form new friendships.

We can cook sausages together, taste the refreshing beverages from the Sommellerie wine bar, and the sweet and savory baking of grandmothers from the Letokruh non-profit organization, whose mission is to integrate senior citizens into active life. We will also entertain your children with a full program. Picnic blankets and pétanque sets will be available.

And if you like baking, you can bring your cakes or pies and share your creations and recipes with us and your neighbors.

We look forward to seeing you.





# NEIGHBORHOOD GET-TOGETHER

Audio-visual recording and photography will be taken by the organizer of the event, Passerinvest Group, a.s.



Please use the "Instant translation" function in your Translate App to read this poster in other suitable language. English version of all BB Centrum activities are to be found also at





## The grape harvest at Brumlovka

WHEN: Wednesday, September 16, from 11:00 am to 7:00 pm WHERE: Baar Park, Želetavská 1525/1

The grape harvest is a traditional autumn festival associated with the picking of grapes. And Brumlovka will also celebrate it! You can look forward to wines from small, family vineyards in Bohemia, Moravia, and abroad, as well as popular new wine and fruit juices. There will also be delicacies, cheeses, cakes, and other traditional Czech treats.

So, cheers!



### The 2021 BBC CUP

WHEN: Friday, September 17, from 8:00 am

WHERE: FC Slavoj Vyšehrad, Mikuláše z Husi 1709/1

Which company will win the BB Centre football championship for 2021? Come and watch and support your own (or another) team. We welcome individuals and organised team cheerleaders.

The jubilee 20th year of the BBC Cup five-a-side football tournament will be played on the famous FC Slavoj Vyšehrad pitch on Friday, September 17.

If you would like to register a team at the last minute, you can still do so up to September 6 by email on: dagmar.naselova@passerinvest.cz

We look forward to seeing you.





Audio-visual recording and photography will be taken by the organizer of the event, Passerinvest Group, a.s.







### Online Webcast: Brumlovka Talks

WHEN: Wednesday, September 22, from 6:00 pm

WHERE: Brumlovka FB page

Brumlovka Talks is our talk show, where we invite personalities, whom we feel have something to say and whose work or personal life is somehow associated with Brumlovka.

#### This month: Radim Passer

The September edition of Brumlovka Talks will introduce one of the most qualified people to talk about this area, Mr. Radim Passer. A Czech builder and the founder of the Passerinvest company, which stands behind the multifunctional BB Centrum and the overall development of the location into the fully-fledged suburb of Brumlovka. What has influenced his business undertakings or his personal life? What were the beginnings at Brumlovka like and where is its development heading? How does he see the Czech Republic and its future?

The talk show is hosted by Eduard Forejt.



## Flower workshop: Arranging meadow flowers

WHEN: Thursday, September 30, from 5:30 pm

WHERE: Sommellerie, Filadelfie building, Želetavská 1525/1

PRICE: CZK 990/person

The Romantika florist's shop has prepared a course in flower arranging that will introduce you to the basics, the correct technique or how to care for cut flowers. The price for the course includes the flowers, the florist's material and a loan of the necessary tools. You can, of course, take the bouquet you make home with you.

Reservations by email are necessary due to the limited capacity: marika.duchonova@passerinvest.cz. The payment for the workshop will be collected on site in cash.







## REGULAR SPORTS ACTIVITIES

AT BRUMLOVKA

Audio-visual recording and photography will be taken by the organizer of the even Passerinvest Group, a.s.

PASSERINVES

Accept our invitation to our sports classes, which we organise for you regularly and completely free of charge.

#### RUNNING LESSONS WITH PUMA

WHEN: every Tuesday from 5:30 pm,

WHERE: meeting at 5:20 pm at the reception of the Beta building, Vyskočilova 1481/4

Running lessons are led in two groups for beginners and already experienced runners by instructors and bloggers from running2.cz Soňa Hrabec Kotulová and Michal Hrabec.

#### YOGA FOR SENIORS

WHEN: every Wednesday from 10:30 am

WHERE: Brumlovka Park, Za Brumlovkou St.

Exercises with regard to the health restrictions of the age group with Šárka Furda. Own exercise mat required.

#### YOGA FOR EVERYONE

WHEN: every Thursday from 7:00 am

WHERE: Brumlovka Park, Za Brumlovkou St.

A classic yoga lesson for beginners and advanced students of all ages with Daniela Bacíková. Own exercise mat required.

No reservation required. Yoga lessons will not be held in the event of bad weather. The running lessons shall take place regardless of the weather. You can find up-to-date information on the BB Centrum **Brumlovka FB profile**. The lessons will take place in compliance with valid government measures.



# Cold baths lessons with Balance Club Brumlovka

Strengthen your immune system and start with ice-cold bathing right now. The Balance Club Brumlovka opens regular Cold baths lessons for their members. These 30 mins long lessons will be held every Monday and Friday at 7:00 am in the Cooling pool on the terrace. Professional instructors will teach exercising techniques, breathing techniques, and immersion into the cold water. Due to a limited capacity reservation is required.

Employees of companies with offices in the BB Centrum and BB Centrum Klub Members are offered a membership at Balance Club Brumlovka for a discount. For more information contact the Client Centre at +420 234 749 811 or info@balanceclub.cz







Villas

## CKP Roseta now at Brumlovka

Do you have muscular pain? Would you like to be able to better handle work stress and your workload? Would you like to be able to regularly relax during a massage? CKP Roseta opened its surgery at Brumlovka in August.

CKP Roseta is a private outpatient medical facility for the comprehensive prevention, diagnostics, and treatment of all problems of the musculoskeletal system – back, joint and muscle pain, functional and degenerative illnesses and post-accident and post-operative conditions. It offers rehabilitative medicine, physiotherapy, psychosomatics, psychology, psychotherapy, and massages.

The clinic's comprehensive approach involves cooperation among a team of experts and a detailed acquaintance with the lifestyles and customers of each individual patient.



### Body Express: #BEACTIVE – Try out EMS exercises

Try out the unique training style using EMS technology during the European Week of Sport which this year will take place from Sept 23 - 30. This event is an initiative of the European Commission and it uses the slogan #BeActive to draw attention to the fatal lack of physical activity in our everyday lives.

Book your first EMS trial lesson online at **bodyexpress.cz** and use the "BeActive" voucher code during the booking.

EMS is a way of quickly getting into shape, eliminating back pain and dropping any excess weight. And it just takes 20 minutes once a week – that's as quick as it gets!

The studio accepts Benefit Plus, Sodexo Flexi Pass, and Edenred Benefits Card benefit programs.

You can still save on the price of a pass in September thanks to the SUMMER 2021 discount prices.







The Budova A Building

# Prague Mussel Week at Perfect Canteen MONETA Money Bank

A seafood cuisine surprise every day, every day a different recipe from the Perfect Canteen chefs, Filip Sajler and Martin Staněk. Become acquainted with the taste of excellent and very healthy mussels. They contain a large amount of protein, not much fat and are rich in minerals, calcium, or phosphorous. You can taste them in white wine, curry, or dark beer at Perfect Canteen MONETA Money Bank in the week from Sept 9 to Sept 19.



## Coffee Perk: Fun after work

After your return from holiday, Coffee Perk has prepared "Fun after Work" pop-ups for you that will take place on Wednesday, September 8 and 22.

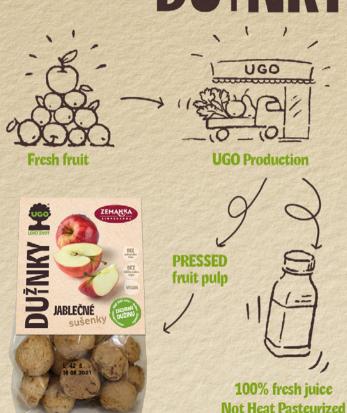
Come to the café after work for an excellent drink or a little tapas. And if you cannot stay into the evening hours, at least try a lunchtime Poke Bowl, the recipe for which has been prepared for you by the chef from the Belcredi Bistro & Bar in Letná.

Coffee Perk is looking forward to seeing you because the very best sport is coffee and cake.





## THE STORY OF DUTNKY



The Beta Building

# **UGO Dužinky – circular biscuits**

The story of the new circular biscuits starts at the place where fresh fruit is transformed into 100% juice in UGO bottles. The de-juiced pulp does not end up as leftover waste from production but is once again used as a raw product.

Organic ingredients are added to it at the Zemanka Organic Bakery and it is used to bake delicious biscuits and crackers: DUŽINKY.

This is how to eat sweet things in a healthy way and without any waste :-) Available at the UGO freshbar.



The Filadelfie Building

# The Roast & Grill Bistro doesn't only prepare lunch, but it can also cater your next event

Bistro Roast & Grill has been affected by the Corona crisis, just like every other company in the hospitality branch. However, the staff there worked hard during Covid to expand their offer to also include services outside their premises. Now, their mobile kitchen can provide refreshments at almost any event. They can really help with everything - it just depends on your requirements. They can provide the waiting staff, the equipment and furniture or advise you on the choice of a suitable venue for your event.

Roast & Grill Bistro specializes in

- weddings
- celebrations
- informal gatherings
- sports events
- festivals and presentations

Please write to info@roastgrill.cz for a specific offer or you can stop
by the branch in the Filadelfie Building. We will be happy to go through
everything with you in person.

roast & grill bistro





# We Hate Ironing also cleans shoes as well as clothing

The We Hate Ironing online dry cleaners has recently expanded its services to include the professional cleaning of shoes and sneakers thanks to its online cooperation with Fresher.

"We clean the outside using premium shampoo, clean the soles with steam and a cleaning agent and steam the insides to rid them of any odor or bacteria. We brace the shoes, straighten their shape and wash the laces. We finish everything with disinfectant, deodorant, and nanowaterproofing," explains Jan Kmoch, the founder of We Hate Ironing. "We also wax leather shoes, hydrate the material and revive its color," he adds.

A courier will come to your door for the shoes and will then bring them back 24 hours later. Just fill out a simple **form on the web** where you can also choose the pick-up time.



The Filadelfie Building

### JK Jitka Kudláčková Participate in designing your own piece of jewellery

The Czech family jewellers, JK Jitka Kudláčková, specialize in the original creation of complete collections in their own jeweller's workshop. Would you like to become a co-creator of an original piece of jewellery under the supervision of experienced designers?

Then make use of the option of having jewellery made to order. As such, you can always wear jewellery with personal symbolism. The JK team will accompany you throughout the entire process. They are looking forward to hearing from you at the store, by telephone, by email, or online.







TVORBA **ORIGINÁLNÍCH ŠPERKŮ** Z DÍLNY JK NA ZAKÁZKU













## Bomton presents Redken Acidic Bonding Concentrate

Try out the new revolutionary line of Redken Acidic Bonding Concentrate for flawless renewal, intensive care and protection against color fading, even in hair that has been highly damaged by mechanical or chemical processes. Using the shampoo, conditioner and leave-in treatment guarantees protection and reduced hair brittleness in comparison with regular hair care by up to 11× and reduced hair friction during combing. The Acidic Bonding Concentrate line also provides thermal protection up to 230 °C and up to 82% less split ends.

Buy this new product at the Bomton studio in the Brumlovka Building or at the **Bomton Beauty e-shop**.

BOMTON.

# arena: COBRAS on special

The most popular swim goggles, arena COBRA, are now available at the shop in Brumlovka for an attractive price from just CZK 649.

The Cobra model has a hydrodynamic shape that ensures wide-angle vision. The goggles minimize water resistance and improve glide. They have resistant glass and come in mirrored versions, including replaceable nose clips. They simply provide everything that you could need from swimming goggles.

You can view the offer in advance on the **e-shop**, order your goggles and then pick them up from the store. It is that easy.



