

Mexico – Enjoying Mayan monuments and tequila in Latin America

WHEN: Wednesday, January 12, from 5:30 pm

WHERE: Sommellerie, Filadelfie Building, Želetavská 1525/1

The traveler and photographer Jarda Brousek will initially take us to Mexico City during his talk on Mexico, but we will then travel throughout the entire Yucatan Peninsula with a finger on the map. We will visit the most significant Mayan monuments such as Chichen Itza and Teotihuacan, swim in the beautiful Agua Azul Waterfalls and investigate the undersea world on the island of Cozumel. The history of this country and its monuments is an unbelievable showcase of the many civilizations that have lived there throughout the ages. Mexicans have a different lifestyle to us here in Central Europe and the unique atmosphere in their cities and villages is literally enchanting.

The event will take place in accordance with the anti-epidemic measures applicable on the day, which can be found HERE. If necessary, the event will be held online, on the Brumlovka FB profile.





Aplha building

Art gallery: COLORS OF WOMAN 3D

WHEN: January 17 till February 25, daily from 10:00 am to 6:00 pm WHERE: Alpha building lobby, Vyskočilova 1461/2a

Helena Leisztner presents her unique artwork from the Colors of Woman series, which includes exterior paintings on metal, oil paintings on canvas, author's photography, and combined techniques.

Although Helena Leisztner graduated from the University of Economics in Prague, she gradually began to devote herself to the arts. Helena transformed from fashion design to drawing, painting, photography, and combined techniques. She is the holder of many Czech and international awards - Young Fashion Designers Award Zenit 89 - Czechoslovakia, Talent 90, Masaryk Academy Awards for artistic activity and synthesis of visual arts, International Awards for Modern Art, Límenarte 11 - Italy, Marian Adair Award International - WCI, for Lifelong Art and Philanthropy - USA.

The exhibition is held in accordance with the current pandemic measures, which can be found HERE.





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SPEED DATING

AT BRUMLOVKA

Audio-visual recording and photography will be taken by the organizer of the event Passerinvest Group, a.s.



English version of all BB Centrum activities are to be found also at

PASSERINVEST

FLEKSI, Budova B building

Speed dating at Brumlovka

WHEN: Tuesday, January 18, from 7:00 pm for expats
Thursday, January 13, from 7:00 for Czech speaking only
WHERE: FLEKSI, Budova B building, Vyskočilova 1422/1a
PRICE: Brumlovka special CZK 490

Are you single? Do not wait for a coincidence, meet someone special here, at Brumlovka. In cooperation with the smart dating agency, we are organizing the first speed-dating night of this year in the new FLEKSI coworking lounge. Speed dating is a fast, clever date where you meet 10 potential partners in one night and you finally decide if you want to see the one again.

TIME SCHEDULE

- 6:30 pm Check-in
- 7:00 pm Your first date
- 9:00 pm The end

Registration for expats ladies, age group 33 – 43, and expats gentlemen, age group 35 – 45, directly at info@smart-dating.cz

The event will take place in accordance with the anti-epidemic measures applicable on the day, which can be found HERE. More info at: marika.duchonova@passerinvest.cz.



Dance lesson at Brumlovka

WHEN: Wednesday, January 19, from 7:00 pm, dance floor from 8:00 pm.
WHERE: Sommellerie, Filadelfie building, Želetavská 1525/1

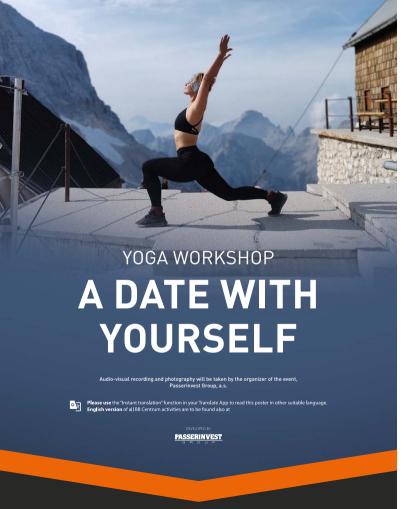
In January, we take a look at sunny Cuba through dance. This time we will be dancing the spirited and playful CHA-CHA-CHA. Whether you are dancing solo or in a pair, we trust that we will enjoy the easy choreography together.

The dance teacher is Lenka Nora Návorková, champion of the Czech Republic several times in Latin American dance, winner of StarDance 2018, and the dance partner of Mirai Navrátil in the current season of this popular television competition.

The event will take place in accordance with the anti-epidemic measures applicable on the day, which can be found HERE. If necessary, the event will be held online, on the Brumlovka FB profile.







Yoga workshop: A date with yourself

WHEN: Wednesday, January 26, from 6:00 pm

WHERE: Filadelfie building, floor 8, Želetavská 1525/1, meeting at the Filadelfie reception

Do you need to stop for a moment and listen to the signals of your body? Come to the two-hour workshop, where Barbora Pagáčová will introduce us to the basics of mindfulness. Then, we apply the new knowledge in an extended lesson of yin yoga with a longer guided meditation focused on knowing your body and consciousness.

The workshop is designed for beginners and advanced people of all ages. Bring your own mat, water and good mood.

No reservation required.

More information at marika.duchonova@passerinvest.cz.

The event will take place in accordance with the anti-epidemic measures applicable on the day, which can be found HERE.





BB Centrum - Brumlovka

Brumlovka Talks

WHEN: Wednesday, January 26, from 6:00 pm WHERE: online on Brumlovka FB profile

Brumlovka Talks is our talk show, where we invite personalities, whom we feel have something to say and whose work or personal life is somehow associated with Brumlovka.

This month: Hana Součková, SAP

Hana Součková joined SAP in 2014 and was appointed as the CEO of SAP ČR in August 2018. Satisfied employees, business cooperation with customers and partners, as well as constant development and the contribution of innovation to the Czech market are her main priorities. In her free time, she enjoys sports and organizing children's cycling races.

The talk show is hosted by Eduard Forejt.







BB Centrum - Brumlovka

Regular sports activities at Brumlovka

We will meet you halfway when it comes to fulfilling your New Year's resolution to work on your physical fitness or your health through sport. We will once again provide our popular sports activities from the second week of January.

RUNNING LESSONS WITH PUMA

WHEN: every Tuesday from 5:30 pm

WHERE: meeting at 5:20 pm at the reception of the Beta building,

Vyskočilova 1481/4

Running lessons are led in two groups for beginners and already experienced runners by instructors and bloggers from running2.cz Soňa Hrabec Kotulová and Michal Hrabec. The first lesson of the year: January 11.

YOGA FOR EVERYONE

WHEN: every Thursday from 7:00 am

WHERE: Filadelfie building, floor 8, Želetavská 1525/1, meeting at the

Filadelfie reception

A classic yoga lesson for beginners and advanced students of all ages with Daniela Bacíková. Own exercise mat required. The last lesson of the year: January 13. No reservation required. You can find up-to-date information on the BB Centrum **Brumlovka FB profile**. The lessons will take place in accordance with the anti-epidemic measures applicable on the day, which can be found HFRE.

Brumlovka building

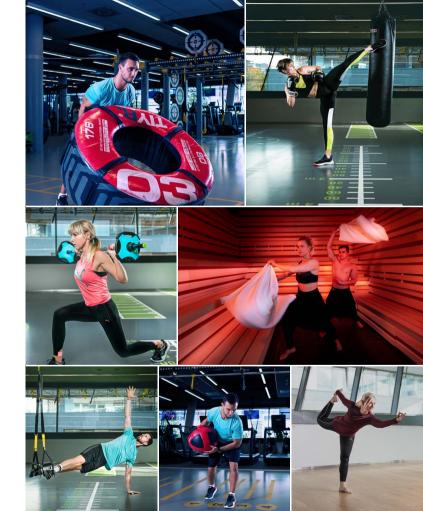
Get in shape with Balance Club Brumlovka

The new year brings new challenges, motivation and inspiration. The perfect place to help you with your resolution to get into shape is located just a few metres from your office. That place is Balance Club Brumlovka, the premium fitness and wellness club that offers a wide range of sports activities and active relaxation.

You have the opportunity to make use of personal training sessions and Physio Care on an individual basis under the guidance of professionals, while a further enticement involves the more than 100 group lessons a week and the option of relaxing in the 25-metre swimming pool that is bathed in daylight or experiencing the enjoyment of any of the new saunas. Balance Club Brumlovka also offers massages and body rituals with natural oils from the Alqvimia brand. Balance Club Brumlovka is simply the right place for your active relaxation.

Employees of companies with offices at Brumlovka and the BB Centrum Klub (Benefit Klub Brumlovka) Members are offered a membership at Balance Club Brumlovka for a discount. For more information at info@balanceclub.cz









Lunchbox.cz by Zdeňek Pohlreich opens its canteens at Brumlovka

The very first **Lunchbox.cz** canteen opens in the Delta building on Tuesday, January 4. This modern company food service operates for public every business day from 7:30 am to 3:00 pm.

The menu includes breakfast and lunch meals made from fresh ingredients. The menu is prepared by a team of chefs with the handwriting of Zdeněk Pohlreich, a famous czech chef known from the Café Imperial/the Next Door restaurants or his own TV show. You can look forward to Czech classics in a modern concept as well as international cuisine with authentic taste.

A selection of ready to serve meals, buffet and a salad bar will be complemented by themed weeks:

Jan 4 – 7 Cantina Mexicana

Ian 10 – 14 Vietnamese cuisine

Jan 17 – 21 Pizza Week

Jan 24 – 28 Streetfood – burgers, fish and chips

The Lunchbox.cz/SFOOD.cz team is looking forward to seeing you soon.



Alpha, Delta

Momento Canteen credit refund

If you were one of the regular diners of the Momento canteen, which operated two branches in the Alha and Delta buildings untill 2021, and you still have a credit for these restaurants, you can get your money back due to their closure.

Refund takes place at MOMENTO VESTIBUL, Chodovská 3/228 in Prague 4, or MOMENTO VFN Karlovo náměstí, U nemocnice 2 in Prague 2 during their standard opening hours 7:00 am – 3:00 pm.











Budova A building

Perfect Canteen MONETA Money Bank: A resolution that tastes better

The beginning of the new year is often associated with resolutions and one of the most frequent is associated with eating better. All the research has pointed towards a clear trend in the willingness to change one's diet, no matter whether it is because of one's health or the environment or out of ethical concerns. Perfect Canteen also feels that the promotion of plant-based meals can pleasantly lighten one's diet and is good for the planet.

That is why it has joined the Veganuary event throughout January. As such, you will be able to discover vegetarian and vegan dishes at special prices at all of its restaurants, including at Perfect Canteen MONETA Money bank which is also open to the public. You will be able to choose at least one purely plant-based main and soup every day. The full range of vegan meals can also be ordered now at **eatperfect.cz** or they can be added to any purchase made on **Rohlik.cz**. So, we wish you bon appetite.

The entire team at Perfect Canteen MONETA Money Bank wishes you a beautiful and happy new year.



Budova B building

January treats from ZRNO ZRNKO

Do you sometimes have difficulty deciding whether you feel like coffee or hot chocolate at a café? At Zrno Zrnko you can have both in one mug – try a mochaccino, a hot chocolate with a shot of strong espresso.

In January, you can try it along with a tasty butter sweet roll for the special price of CZK 95.

Whether as breakfast or an afternoon snack, sounds good as a breakfast or afternoon snack, right?







Brumlovka building

Take Coffee Perk home with you

Coffee Perk is known for its irresistible offer of excellent breakfasts and premium coffee. In the new year, they will present new varieties of this delicious beverage. If you would like to have Coffee Perk even closer to hand, you can now purchase the brand's designer ceramic mugs to take home.

You will also find a new line of fermented lemonades and a wide range of other goodies.

There is definitely something to look forward to.



Beta building

Costa Coffee will welcome you in a new look soon

The Costa Coffee will undergo an interior renovation in the upcoming months. The renovation is tentatively planned from January 15 to February 28.

Soon you will be able to look forward to your favorite coffee drink or sweet joy in a completely new, timeless design. We will specify the planned closure on social media with the approaching date of the renovation.









JK: This year, square is all the rage

JK presents its new collection for 2022. It is called CUBISTIC and is a celebration of cubism, an artistic movement from the early 20th century, especially involved in architecture. The collection deviates from the romantic appearance of jewellery that is abundantly represented by other collections and it substitutes it with a more technical concept.

It offers a counterpoint to organic motifs. It is a shift from an ornament to minimalism and the exposure of the raw material without any adornment. At first glance, pieces for men may seem to dominate, but there is certainly also a wide variety of pieces for women to choose from. Almost the entire collection is unisex.

It is still possible to use the exceptional 15% discount on purchases of JK jewellery until the middle of January.



Simplify the entry into the new year with We Hate Ironing

Does life sometimes seem needlessly complicated to you? Simplify it with the services provided by We Hate Ironing. Leave your washing and ironing-related worries to their clever laundresses and dry cleaning professionals.

In addition to classic dry cleaning, they also offer washing, ironing and shoe cleaning. And they always try to go the extra mile. Their couriers will even happily bring your laundry up to fifth floor.









Beta building

ASKO presents a unique automatic washing machine

The robust free-standing W4086C.S/1 washing machine from the luxury Scandinavian brand, ASKO, uses the patented Quattro Construction™ solution, where the drum stands on four shock absorbers attached to the lower plate. This means that the washing machine is remarkably resistant and quiet and it does not shake even during intensive spin cycles.

It has the unique Steel Seal™ door system without a rubber gasket, just like ASKO washing machines for professional operations. And there is a good reason for this. A rubber gasket can easily degrade and collect dirt and bacteria. The Steel Seal™ system not only guarantees excellent hygiene, but also much simpler loading and unloading of the washing machine with laundry. The execution of the internal and external housing in stainless steel is also very elegant. On display at the ASKO designer showroom in the Beta Building.



BB Centrum – Brumlovka

A postbox is returning to Brumlovka

The Brumlovka Building houses, amongst other things, a branch of the Czech Post Office that will be happy to help you send any parcels and letters.

If, however, you send regular letters and don't want to wait in a queue at the branch or you want to post a letter outside opening hours, there is now a newly established postbox available to you. You can find it near the Alpha Building, by the bus stop in the direction from Budějovická to Michle. Just make sure that your letter or postcard includes a stamp with the required postage.



