



Cordillera Huayhuas... the most beautiful trek in the world



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Passerinvest

Filadelfie Building

Travel Evening: Peru

Cordillera Huayhuas... the most beautiful trek
in the world

When: Wednesday 3 April 2024, from 5:30 p.m.

Where: Filadelfie Building shopping arcade, Želetavská 1525/1

Speaker: Lukáš Synek

Until just a few years ago, bandits were rampaging through the Cordillera Huayhuash and foreigners' lives could be in danger there. Now, this Peruvian mountain range is one of the finest places in the world for lovers of high mountain hiking. The challenging trek around the entire range is only 90 km long, but the route crosses saddles up to 5,000 m high almost every day.

Our efforts are rewarded by turquoise lakes, mountain pampas, flowering cacti and white peaks crowned by Peru's second highest mountain (Yerupaja - 6,635 m). You'll see how a group of friends coped with the trek in a new slide show by Lukáš Synek.

Brumlovka.

Building B

DRESS CODE through the eyes of two Czech clothing companies

When: Thursday 4 April 2024, from 5:30 p.m.

Where: FLEKSI, Building B, Vyskočilova 1422/1a

The aim of the workshop is to present the different levels of dress code from the perspective of two Czech companies that have been involved in clothing design for many years. The workshop will include specific women's and men's fashion garments for the most important dress code levels demonstrated on live models.

E.daniely is a leading Czech designer women's clothing brand, while Vývoj Třešť is a Czech brand that makes men's formal wear. Both brands have their own workshops and create their own clothing collections.

Register by emailing: marika.duchonova@passerinvest.cz

Brumlovka.

Workshop.

E.daniely



DRESS CODE through the eyes of two Czech clothing companies



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Dating.



Speed dating at Brumlovka



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Brumlovka Building

Speed dating at Brumlovka

When: Wednesday 10 April 2024, from 6:00 and from 8:00 p.m.

Where: Coffee Perk, Brumlovka Building, Vyskočilova 1100/2, Prague 4

Come and enjoy 2 hours of fun with a bunch of fabulous singles looking for a life partner. There will be no time for nervousness, moments of awkward silence and other unpleasant situations. You only have 5 minutes to talk to each participant. At the end of the evening, you mark on the card the nicknames of the counterparts that caught your eye.

If the sympathy is mutual, the moderator will exchange your email contacts. Then you plan the next date together according to your ideas. Get lucky and sign up!

6:00 – 8:00 p.m.	women 25–39 years, Men 35–45 years – EN
8:00 – 10:00 p.m.	women 30–46 years, Men 35–46 years – EN

Brumlovka.

Building B

Learn how to paint a portrait

When: Thursday 11 April 2024, from 5:30 p.m.

Where: FLEKSI, Building B, Vyskočilova 1422/1a

Painting a portrait might seem very difficult. But if you know how to do it, it's not rocket science even for those who think they're no good at painting.

Soňa Hrabec Kotulková, a qualified drawing and painting instructor, will convince you that everyone can paint beautifully. Learn how to sketch out a face on paper, work with paint, mix the right flesh tone and other vibrant tones, play with painting and art techniques, and create your own fun image that you'll be proud to show off.

All art supplies are included in the price of the workshop. When you're done, you'll take away one to two of your own A2 paintings on paper.

Workshop price: **CZK 750/person** (For adults)

Duration: **approx. 3 hours** (The number of places is limited)

Registration: marika.duchonova@passerinvest.cz

We recommend coming in older clothes as you might get dirty from the paint.

Brumlovka.

Workshop.



Learn how to paint a portrait



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Workshop.



The Story of the Bees at Brumlovka



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Building B

Workshop: Supporting Biodiversity

The Story of the Bees at Brumlovka

When: Wednesday 17 April 2024, from 9:30 a.m.

Where: FLEKSI, Building B, Vyskočilova 1422/1a

We'd like to invite you to a practical workshop exploring the interesting story of our involvement in protecting and promoting biodiversity here at Brumlovka. During this event, we'll take you through our journey from idea to implementation, transforming the terrace of our Delta office building into a living habitat for bees.

We'll be having a joint discussion about different ways of supporting biodiversity here at Brumlovka and how you can play an active part in supporting beekeeping, for example. We've invited along beekeepers from the Bees on Roofs team, who look after bee colonies in various places in the city, including those in Brumlovka.

Come and share your knowledge, inspiration and experience. We look forward to seeing you!

Registration: marika.duchonova@passerinvest.cz

(The number of places is limited)

Brumlovka.

Filadelfie Building

Dance Lessons at Brumlovka

When: Wednesday 17 March 2024, from 7:00 p.m.

Where: Filadelfie Building shopping arcade, Želetavská 1525/1

Come and dance with us for free under the tutelage of Lenka Nora Návorková – many times Champion of the Czech Republic in Latin American dance and winner of the StarDance television competition.

Mambo will be the focus of the April dance lesson. Come and get in the groove with this simple Cuban dance, which absolutely everyone can manage. You can look forward to a simple choreography, which you can dance either in pairs or solo. We'll be dancing solo and in pairs, so make the most of the opportunity and come along to Brumlovka.

We look forward to seeing you.

Brumlovka®

Dance Lessons.



Dance Lessons at Brumlovka



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Exhibition.



No Brakes



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Alpha Building

Exhibition: No Brakes

When: from 6 to 24 April 2024

Where: Alpha Building lobby, Vyskočilova 1461/2a

Come and experience this extraordinary combination of art and personal expression for yourself... BRKLS, the group centred around talented artist Renno Mucho, presents a collection of paintings that reflect the essence of their work. Each work is a portal into the thoughts of the artist, who uses calligraphy to express his perception of the world and his emotional experiences.

The work of Renno Mucho, whose style draws on calligraphy, is unique and unusual, not only a means of expression but also an escape from a world full of distractions and everyday obstacles.

Come and see this enthralling show and discover the uniqueness of each work that makes up this extraordinary exhibition.

Brumlovka.

Náměstí Brumlovka

Barbecue at Náměstí Brumlovka

When: Thursday 25 April 2024, from 11:00 a.m. to 3:00 p.m.

Where: Náměstí Brumlovka, Vyskočilova 1100/2

Accept our invitation to a barbecue at Náměstí Brumlovka and try grilled Přestice sausages, grilled cigáro with vejmrda, burgers and ribs, as well as grilled seafood.

There will also be plenty to enjoy for those of you who are not big meat fans. Treats will include grilled cheese and vegetables. Don't miss this extraordinary experience, so come and get in the mood and some great inspiration for the barbecue season.

A music programme will be prepared for you during lunch.

We look forward to seeing you!

Brumlovka[®]

Event.



Barbecue at Náměstí Brumlovka



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Clothing Bazaar.



Clothing Bazaar



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Building B

Clothing Bazaar

Hunt down some new gear for your wardrobe at great prices!

When: Thursday 25 April 2024, from 9:00 a.m. to 7:00 p.m.

Where: FLEKSI, Building B, Vyskočilova 1422/1a

You'll mainly be able to sell and purchase women's and girls' fashion, accessories, shoes and jewellery.

If you are interested in participating in the event as a **vendor**, please email us by **18 April 2024** at: marika.duchonova@passerinvest.cz

Fitting booths with mirrors will be provided.

We look forward to seeing you!

Brumlovka.

Brumlovka

Talks from Brumlovka

When: Tuesday 30 April, from 6:00 p.m.

Where: première online on the **Brumlovka FB profile**

Every month, we invite people, who we feel have something to say and whose professional or personal life is somehow associated with Brumlovka. We want to seek out inspiration and advice for you, but also to present life's victories and defeats.

Different person, different topic, each time on Brumlovka.

This month: [Mikoláš Voborský](#)

Mikoláš runs the OKIM creative studio, which specialises in creating presentation websites. During the course of more than 6 years he has successfully created over 50 websites. He has been in business since he was 17 years old, when he started by organising various events and developing other projects as a sideline. He gradually got into graphic design, which he found very absorbing and so he started doing it full time.

In 2022, he co-founded Nevyhasni, a non-profit organisation that strives to prevent burnout syndrome in the Czech Republic. He enjoys architecture, photography and has completed 2 marathons.

Brumlovka.

Talkshow.

Mikoláš Voborský



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prof. MUDr. Jan Pirk, DrSc.
PROČ JE DOBRÉ SPORTOVAT?

pondělí 8. 4. 2024 od 18.00 hod.
SC Bethany
eva.koterova@balanceclub.cz

SAUNOVÉ ODPOLEDNE

úterý 9. 4. 2024 od 12.00 hod.
Balance Club Brumlovka



Jan Mühlfeit

MÁTE NA VÍC, NEŽ SI MYSLÍTE

středa 10. 4. 2024 od 18.30 hod.
Flexi, Budova B
eva.koterova@balanceclub.cz

Lída Formanová
BĚŽECKÝ TRÉNINK

čtvrtek 11. 4. 2024 od 17.30 hod.
Balance Club Brumlovka
eva.koterova@balanceclub.cz



Eduard Zubák a Lucie Krejčí
TANGO ARGENTINO

pátek 12. 4. 2024 od 19.30 hod.
Balance Club Brumlovka
eva.koterova@balanceclub.cz



Fabiana Bytyqi a Ondřej Krejčí
BOX WORKSHOP

neděle 14. 4. 2024 od 14.00 hod.
Balance Club Brumlovka
eva.koterova@balanceclub.cz



Brumlovka

Balance Club Brumlovka is Celebrating with Balance Fest

Balance Club Brumlovka is celebrating its 17th anniversary and has prepared a busy week packed with interesting events, talks and workshops for its members and anyone else who is interested.

In addition to other accompanying events, on Monday 8 April the club will be holding a talk by prof. MD Jan Pirk, DrSc. on the topic „Why is it good to play sports?“, followed by a busy sauna afternoon on the Tuesday, while on Wednesday 10 April you can look forward to a talk by Jan Mühlfeit entitled „You can do more than you think.“

On Thursday, there will be a running workshop for club members with multiple world champion Lída Formanová. On Friday 12 April, there will be a dance workshop with dancer Eduard Zubák and his partner. The workshop will be devoted to the Argentinian tango and the whole Balance Fest will be rounded off with a special boxing lesson with world atomweight champion Fabiana Bytyqi.

More information and registration options can be found on balanceclub.cz and brumlovka.cz. **Capacity is limited** – make a reservation at eva.koterova@balanceclub.cz

Filadelfie Building

Meera invites you to its „Blooming” fashion show

When: Sunday 7 April, from 5:30 to 8:00 p.m. (arrival at 5:00 p.m.)

Where: shopping arcade of the Filadelfie Building

Come bloom with beauty and be inspired by unique models at the spring fashion show.

Admission: 290 CZK / person (Capacity is limited)

Registration: Please register directly at the boutique or [via the link](#)





Brumlovka Building

Maranatha invites you to its new salad bar

For lovers of good and healthy food, the Maranatha vegetarian restaurant has prepared a brand new menu with a Mediterranean touch. The self-service salad bar in particular has undergone an unnoticeable change, but lovers of hot dishes will find plenty to choose from. The menu places greater emphasis on catering to visitors with a variety of dietary restrictions.

The self-service section means visitors can use their imagination and creativity to put together dishes to suit them. This results in some very attractive and original „tasting portions“.

The Maranatha team looks forward to seeing you.



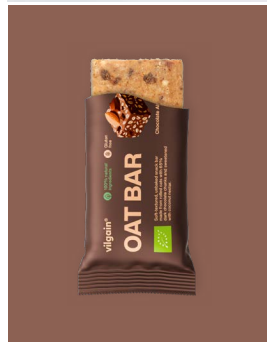
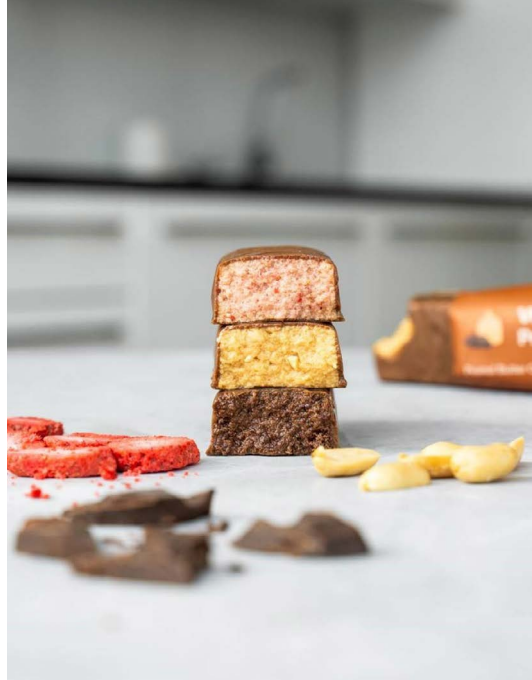
Brumlovka Building

Czech Vilgain products now on sale in Maranatha

The Maranatha health food store now offers products from the Czech brand Vilgain. This brand is especially popular with athletes and active people and is known for being good quality and affordable.

The organic nut butters made from hot air roasted nuts with no added sugar and salt are especially popular. They are an excellent source of natural energy, protein and a wide range of vitamins, antioxidants and minerals. In the kitchen, you're sure to appreciate the range of top-quality spray oils, which can be used either for frying or added to salads and ready meals. The whole range of easily digestible premium protein bars containing 100% natural ingredients are perfect for trips or as a snack.

So come and taste what's new in the world of healthy food!





Elijáš

Enrolment at Elijáš

The beautiful surroundings of Brumlovka are also home to the exceptional Elijáš School, where children receive a quality education in a safe, friendly environment and develop not only their thinking and knowledge, but also a healthy approach to life.

Elijáš is a kindergarten and a primary and secondary school all in one, meaning it can teach children and pupils from the age of three up to graduation. More than 600 pupils have already passed through its gates. Graduates successfully pursue further studies of their choice or embark on a career.

Enrolment in the first grade of the primary school will take place on 3 and 4 April 2024. Kindergarten enrolment will then be on 7 May 2024.

Further information is available on the website www.elijas.cz



Brumlovka Building

Celebrate Earth Day with Mandala Montessori

Bring your children along to the Mandala Montessori shop on Monday **22 April**, from **10 a.m. to 2 p.m.** We'll **celebrate Earth Day together** and start our year-long journey on the trail of endangered species.

You can also welcome spring by adding some new cubs to your figurine collection. During April, Mandala Montessori will also be sharing ideas not only on how to display your animal figurines, but also how to have lots of fun with them learning about letters, continents and much more.

They look forward to seeing you in the shop on the ground floor of the Brumlovka building, under the escalators, just a few steps from the Grosseto restaurant.





Filadelfie Building

Breakfast at La Fresca

The La Fresca restaurant in the Filadelfie building has added a new breakfast menu. From classic Italian to modern breakfast trends. You can look forward to, for example, sweet French toasts, mini donuts with nougat, homemade cinnamon or apricot rolls. Those who prefer a salty version can try, for example, fit bread with guacamole or carrot and celery spread. Their tasty new dishes will satisfy any morning hunger pangs.

Come and enjoy a relaxing start to the day in the pleasant surroundings of La Fresca.

LA FRESCA
CANTINA & CAFÉ

Brumlovka Building

Life evolves, so why not your glasses?

Using digital devices every day places a lot of strain on our eyes. **EYEZEN** lenses help you see more sharply for close-up work and help reduce eye fatigue.

For more information, including vision tests, please contact the experts at **Lens Optik** in the Brumlovka Building.

tel. 605 858 859



GOOD
DESIGN



Beta Building

Dishwashers

From the Scandinavian brand ASKO have won another prestigious award

They won one of the GOOD DESIGN AWARDS 2023 for outstanding design in the Home category. The dishwashers have the largest loading height, the largest load capacity and the biggest capacity in the world - they can hold up to 17 place settings, that's almost 200 pieces of crockery that can be laid out in four baskets. This top quality is not only down to the design and technology, but also the craftsmanship and materials used - the 8 most important components are made of hardened steel, not plastic. They are independently tested for the equivalent of 20 long years of regular use. This makes the **ASKO DW60** the most reliable and environmentally friendly dishwasher in the world and the market benchmark in terms of hygiene and sustainability.

They come with several smart sustainable washing and drying features while meeting the strictest hygiene standards by using UV light to eliminate 99.99999% of bacteria, mould, viruses and other pathogens, even with the low-temperature ECO programme. The dishwashers can also be controlled remotely via the ConnectLife app and a mobile device.

On display in the ASKO showroom in Prague.

ASKO
Inspired by Scandinavia

ČESKO - ANGLICKÝ LETNÍ PROGRAM

15.7.-31.8.2024

PŘÍBĚHY DETEKTIVA GENIA



Staň se členem
elitní vyšetřovací
jednotky známého
detektiva GENIA!

Olivka Building

A summer full of mysteries in the GENIUS kindergarten

Registration now open!

Become a member of the elite investigative unit of the famous Genius detective and train your brain to solve baffling riddles. These mysterious stories, designed to test children's fitness as well as their brains, will be played out in the GENIUS kindergartens this summer from 15 July to 31 August.

Price per week: CZK 6,300 (including meals)

For more information, visit www.genius-school.cz/leto or feel free to email info@genius-school.cz.



CHARITATIVNÍ CAPPUCCINO

Zakoupením charitativního Skořicového cappuccina
přispějete na sbírku Pomozte dětem

99 Kč

celý výtěžek pro sbírku



POMOZTE
DĚTEM

COSTA
COFFEE

Beta Building

Coffee that makes sense

„Chicken“ is a coffee connoisseur. And he also loves children. That's why he's joined the Help the Children fundraising campaign supported by Costa Coffee. Chicken knows that coffee and charity are a great combination. Every April you can enjoy a charity coffee drink at Costa Coffee.

This year's choice is the cinnamon cappuccino, which is not only tasty but also generous. Costa Coffee will donate the entire proceeds of CZK 99 from the sale of this charity drink to the Help the Children fundraiser. It's a "chicken dream".

Enjoy your coffee and bring joy to the children who need the most.



Building A

Perfect Canteen: April dedicated to Hawaiian cuisine

Try a new „bowl“ every week. During April, Perfect Canteen has prepared a „Poke Bowl“, a popular Hawaiian specialty comprising a bowl filled with rice and other ingredients such as meat, fish, fresh vegetables, seaweed or fruit.

All perfectly seasoned with various toppings and spices. The word „poke“ means „to cut into pieces“ in Hawaiian, and this is where the dish gets its name.

So bon appetit!

Perfect Canteen is looking forward to seeing you!

